# COUNSELING PSYCHOLOGY, PHD

### **REQUIREMENTS**

## MINIMUM GRADUATE SCHOOL REQUIREMENTS

Review the Graduate School minimum degree requirements (https:// guide.wisc.edu/graduate/#requirementstext) and policies (https:// guide.wisc.edu/graduate/#policiestext), in addition to the program requirements listed below.

### MAJOR REQUIREMENTS MODE OF INSTRUCTION

Face to Face	Evening/ Weekend	Online	Hybrid	Accelerated
Yes	No	No	No	No

#### Mode of Instruction Definitions

Accelerated: Accelerated programs are offered at a fast pace that condenses the time to completion. Students typically take enough credits aimed at completing the program in a year or two.

Evening/Weekend: Courses meet on the UW-Madison campus only in evenings and/or on weekends to accommodate typical business schedules. Students have the advantages of face-to-face courses with the flexibility to keep work and other life commitments.

Face-to-Face: Courses typically meet during weekdays on the UW-Madison Campus.

**Hybrid:** These programs combine face-to-face and online learning formats. Contact the program for more specific information.

Online: These programs are offered 100% online. Some programs may require an on-campus orientation or residency experience, but the courses will be facilitated in an online format.

#### **CURRICULAR REQUIREMENTS**

Requirement	:Detail
Minimum Credit Requirement	Post-BA: 89 credits
Minimum Residence Credit Requirement	Post-MA: 51 credits  Post-BA: 63 credits
Minimum Graduate Coursework Requirement	Half of degree coursework must be graduate-level coursework. Refer to the Graduate School: Minimum Graduate Coursework (50%) Requirement policy: https://policy.wisc.edu/library/UW-1244 (https://policy.wisc.edu/library/UW-1244/).

Overall 3.00 GPA required.

Graduate Refer to the Graduate School: Grade Point Average **GPA** (GPA) Requirement policy: https://policy.wisc.edu/library/ UW-1203 (https://policy.wisc.edu/library/UW-1203/). Requirement

Other Grade Students are required to attain a minimum course grade of

Requirements B for all required courses.

and

Assessments Satisfactory progress is demonstrated by earning a minimum grade of B in all required courses, demonstration Examinations of competency on routine evaluation milestones, responsible professional conduct in employment and practicum settings, and timely progress on independent work. A comprehensive formative review of student performance, encompassing academic and clinical training, research involvement, and other roles such as employment and departmental activities, is conducted annually.

> The doctoral preliminary examination includes three components, all of which include both written and oral presentations. The clinical case study (PE-1) is an in-depth reflection on a single counseling case, and serves as an exemplar of clinical competencies in the role of counselor. The supervision case study (PE-2) is an in-depth reflection on a relationship with one supervisee, and serves as an exemplar of clinical competencies in the role of supervisor. The dissertation proposal (PE-3) includes a literature review and method section for a proposed dissertation project, and serves as an exemplar of academic and scientific proficiency.

> The program provides two models for how the dissertation can be structured: 1. The standard Five-Chapter Dissertation, which is based on the approved dissertation proposal and provides the results and discusses the interpretation of findings from the dissertation research, or 2. Students may choose to write a 2-manuscript (fulllength, not brief report) dissertation in which 2 manuscripts are prepared, as well as a brief introduction and conclusion. More detail about both options are provided in the Doctoral Handbook.

Language No language requirements.

Requirements

Graduate School Breadth Requirement

Optionally, PhD students in the Department of Counseling Psychology may elect to complete a doctoral minor and/or a graduate/professional certificate. Students are expected to consult with their advisors concerning the breadth requirement.

#### **REQUIRED COURSES**

There are two primary curriculum domains of the doctoral program. Required coursework and practicum experiences contribute to each student's competency in these areas. The core curriculum areas are:

- 1. Discipline-Specific Knowledge
  - a. History and Systems of Psychology
  - b. Basic Psychology Content Areas (i.e., Affective Aspects of Behavior, Biological Aspects of Behavior, Cognitive Aspects of Behavior, Developmental Aspects of Behavior, and Social Aspects of Behavior)

- c. Research, Quantitative Methods, and Psychometrics
- d. Advanced Integrative Knowledge in Scientific Psychology
- 2. Profession-Wide Competencies
  - a. Integration of Science and Practice
  - b. Ethical and Legal Standards
  - c. Individual and Cultural Diversity
  - d. Professional Values and Attitudes
  - e. Communication and Interpersonal Skills
  - f. Assessment
  - g. Intervention
  - h. Supervision
  - i. Consultation and Interprofessional/Interdisciplinary Skills Required coursework (i.e., major core coursework) includes courses in each of these areas.

In accordance with the Standards of Accreditation (SoA) for Health Service Psychology, all students are required to document mastery of broad and general content knowledge in each of these psychological foundations areas during their doctoral studies.

Post-MA Pati Code Discipline-Spec	Credits	
History and System	ns	
COUN PSY/	Seminar in History and Systems of	3

riistory and Systems		
COUN PSY/ ED PSYCH/ RP & SE 737	Seminar in History and Systems of Psychology	3
Basic Psychology		
COUN PSY/PSYCH/ RP & SE 729	Advanced Social Psychology	3
ED PSYCH 542	The Biological Basis of Behavior	3
ED PSYCH/ HDFS 725	Theory and Issues in Human Development	3
ED PSYCH 533	Thinking, Feeling, & Learning	3
Advanced Integrative	dvanced Integrative Knowledge	
COUN PSY/ ED PSYCH/ RP & SE 736	Seminar in Psychology of Individual Differences	
COUN PSY 926	Seminar in Ethical and Professional Issues in Counseling Psychology	
COUN PSY 740	Abnormal Behavior and Psychopathology (if not taken in previous coursework)	
Research, Quantitativ	e Methods, and Psychometrics	
Complete the following:		12
COUN PSY 905	Research Practicum in Counseling	

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COUN PSY 905	Research Practicum in Counseling
	Psychology (2 semesters)
COUN PSY 950	Research Methods in Counseling Psychology
COUN PSY 960	Research Methods in Counseling Psychology, II

### **Profession-Wide Competencies-Related Required** Coursework

Core Courses

Complete the following:

COUN PSY 951	Counseling Psychology Research in Individual Intervention	
COUN PSY 956	Seminar: Research in Vocational Psychology and Career Development	
COUN PSY 850	Mental Health Consultation in Health Service Psychology	
Clinical Training Sequ	ence	
COUN PSY 810	Professional Development and Clinical Practice (1 semester) <sup>2</sup>	2
COUN PSY 900	Counseling Psychology Practicum Foundational (2 semesters)	6
COUN PSY 903	Counseling Psychology Practicum Advanced (2 semesters)	6
COUN PSY 902	Counseling Psychology Practicum in Supervision	4
COUN PSY 890	Advanced Assessment Techniques in Counseling Psychology	3
Research or Thesis, E.	xternship, and Internship Courses	
Complete the following	ng:	8
COUN PSY 990	Research or Thesis (Up to 4 semesters)	
or COUN PSY/ ED PSYCH/ PSYCH/ RP & SE 995	Predoctoral Internship	
COUN PSY 904	Counseling Psychology Externship (optional) <sup>3</sup>	
COUN PSY 908	Pre-Doctoral Internship in Health Service Psychology Preparation Seminar	
Data Analytic Methods		

**Total Credits** 

Complete two additional courses; at least one must

ad	dress quantitative o	data analysis. Examples could include:
	COUN PSY/ CURRIC/ED POL/ ED PSYCH/ELPA/ RP & SE 719	
	COUN PSY 755	Seminar on Meta-Analysis
	ED PSYCH 771	Test Construction
	ED PSYCH 960	Structural Equation Modeling
	ED PSYCH 964	Hierarchical Linear Modeling
	ED PSYCH 963	Design & Analysis of Quasi- Experiments for Causal Inference

<sup>1</sup> These pathways are internal to the program and represent different curricular paths a student can follow to earn this degree. Pathway names do not appear in the Graduate School admissions application, and they will not appear on the transcript.

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Students must take at least 1 semester of COUN PSY 810 Professional Development and Clinical Practice for 2 credits.

 $^{\rm 3}$  Students may take 2 semesters of COUN PSY 904 Counseling Psychology Externship for a total of 2-6 credits.

### Post-BA Pathway 1:

Post-BA track students start the program alongside the incoming master's student cohort. In their first academic year, post-BA track students will complete a course load similar to their master's student counterparts. In their second academic year, students will complete their "first Year Experience" while beginning their PhD coursework. Post-BA track students are not currently required to complete a master's thesis or the Professional Integration Exercise but will also not receive a master's degree unless they choose to meet all requirements for our master's program.

Must complete all courses listed for the Post-MA pathway and

Code	Title	Credits
COUN PSY 800	Theories of Counseling	3
COUN PSY 802	Group Dynamics Processing and Counseling	3
COUN PSY 805	Helping Relationships and Techniques	3
COUN PSY 806	Supervised Practicum in Counseling	3

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